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|  | Lindenburg Menu |  | Sülz Menu |  | Grüngürtel Menu |  | Pastries |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Mon | Turkey in tomato and herb sauce <br> Penne <br> Mixed courgettes <br> Fruit yoghurt <br> g |  | (P) Mini meatloaf 2,3,a Onion gravy Mashed potatoes 2,3,6,g Sauerkraut cabbage Tangerine | $\begin{aligned} & \square \\ & \square \\ & \square \\ & \square \\ & \square \end{aligned}$ | Spinach and pepper gnocchi <br> Onion and sage sauce ${ }^{\text {b }}$ <br> Apple sauce <br> 3 | $\begin{aligned} & \square \\ & \square \\ & \square \end{aligned}$ | Butter cookie | ${ }^{6, a, c, g}$ | $\square$ |
| Tue | (B) Cevapcici <br> Thyme sauce <br> Tomato rice <br> Duet of beans <br> Fruit yoghurt | $\square$ $\square$ $\square$ $\square$ $\square$ | Breaded pork chop <br> Mushroom and onion sauce <br> Spätzle (egg pasta) a,c <br> Mixed vegtetables <br> Kiwi fruit | $\begin{aligned} & \square \\ & \square \\ & \square \\ & \square \\ & \square \end{aligned}$ | Vegetarian spring roll a,c,f <br> Sweet-and-sour sauce <br> Mixed rice ${ }^{i}$ <br> Apple sauce | $\square$ $\square$ $\square$ $\square$ | Lemon cake | 6,a,c | $\square$ |
| Wed | (F) Fish fillet "Bordelaise" a,d,d Chive sauce g, Salted boiled potatoes Broccoli Fruit yoghurt g | $\square$ | Fricassee of chicken ${ }^{1,3, g, \mathrm{i}, \mathrm{j}}$ Rice <br> Carrots <br> Apple | $\square$ $\square$ $\square$ $\square$ | Fried potato dumpling fingers a, Herb sauce <br> Apple sauce <br> 3 | $\begin{aligned} & \square \\ & \square \\ & \square \end{aligned}$ | Cream biscuit | a,c,g, h | $\square$ |
| Thu | Chicken and mango curry <br> Basmati rice <br> Leaf spinach <br> Fruit yoghurt | 3,i | (P) Potato soup 2,3,i  <br> (P) Bockwurst sausage 2,3,6 <br> Brown bread $a$ <br> Banana  | $\begin{aligned} & \square \\ & \square \\ & \square \\ & \square \end{aligned}$ | (V) Vegetable patties a,c, <br> Mashed potatoes 2,3,6, <br> Savoy cabbage in a cream sauce ${ }^{\text {g }}$ <br> Apple sauce <br> 3 | $\begin{aligned} & \square \\ & \square \\ & \square \\ & \square \end{aligned}$ | Cherry biscuits | a | $\square$ |
| Fri | Hungarian pork goulash <br> Mini potato dumplings <br> Fruit yoghurt <br> g | g | Breaded saithe $\quad{ }^{6, \mathrm{a}, \mathrm{c}, \mathrm{d}, \mathrm{d}}$  <br> Remoulade $1, \mathrm{c}, \mathrm{l}$ <br> Mashed potatoes with horseraddisch ${ }^{3,9, \mathrm{~g}, \mathrm{l}}$  <br> Peas and carrots g  <br> Tangerine  | $\begin{aligned} & \square \\ & \square \\ & \square \\ & \square \\ & \square \end{aligned}$ | (V) Minestrone <br> Rice <br> Parmesan 2,c,8 <br> Apple sauce | $\square$ $\square$ $\square$ $\square$ | Shortbread biscuits | ${ }_{1,2,{ }^{\text {c }} \text { c, }}$ | $\square$ |
| Sat | Chicken and mushroom ragout <br> Wholegrain rice <br> Mixed vegetables <br> Fruit yoghurt <br> g |  | (P) Pepper kebab <br> Hash browns <br> Hungarian pepper ragout 3,5, <br> Kiwi fruit | $\begin{aligned} & \square \\ & \square \\ & \square \\ & \square \end{aligned}$ | Vegetarian moussaka a,c,f,g Chive sauce <br> Apple sauce | $\begin{aligned} & \square \\ & \square \\ & \square \end{aligned}$ | Marble cake | 1,5, , , , , ¢ | $\square$ |
| Sun | Beef bolognaise <br> Spaghetti <br> Parmesan ${ }^{2, c, g}$ <br> Fruit yoghurt |  | Roast pork <br> Gravy <br> Salted boiled potatoes <br> Braised beans <br> Pear | $\begin{aligned} & \square \\ & \square \\ & \square \\ & \square \\ & \square \end{aligned}$ | (V) Couscous tartlet a, i, j Courgette ragout Apple sauce | $\begin{aligned} & \square \\ & \square \\ & \square \end{aligned}$ | Christmas chocolate | ${ }_{\text {f,g }}$ | $\square$ |

## Enjoy your meal

$1=$ contains food colouring, $2=$ contains preservatives, $3=$ contains anti-oxidant, $5=$ contains sweetener, $6=$ contains phosphate, $9=$ contains sulphur, a contains gluten $\mathrm{c}=$ contains egg and egg products, $\mathrm{d}=$ contains fish, $\mathrm{f}=$ contains soya (non-GM), $\mathrm{g}=$ contains milks and dairy products including lactose, $\mathrm{h}=$ contains shellfish , $\mathrm{i}=$ contains celery , $\mathrm{j}=$ contains mustard, $\mathrm{k}=$ contains sesame, $\mathrm{l}=$ contains sulphur dioxide / sulphites

